



# Health & Wellbeing Summer Party

Goodwood Bar & Grill

15 August 2025

## MAINS

**Rubbed Shoulder of Pork**  
**Cajun Spiced Aubergine** ✓

Garlic & Rosemary Roasted Baby Potatoes,  
Gian Couscous with Marinated Roasted Vegetables,  
Shaved Vegetable & Mixed Leaf Salad, Chimichurri Dressing,  
Tomato, Spinach & Pesto Pasta Salad,  
Kimchi Style Coleslaw

## PUDDINGS

**Dark Chocolate & Cointreau Pot, Raspberry and Orange** ✓  
**Mango & Strawberry Pavlova, Goodwood Cream and Vanilla** ✓